



**SNDT Arts and Commerce College for Women, Karve Road,  
Pune 411038**

## **Criterion IV**

**4.1.2 The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.**



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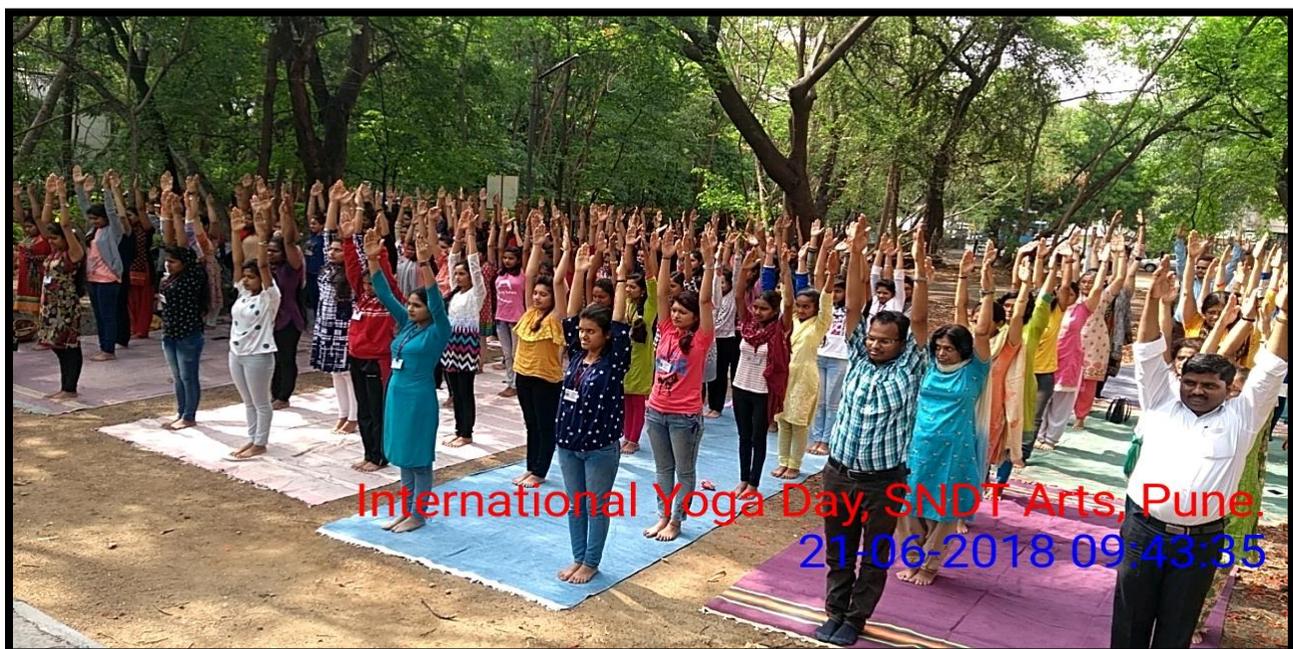
## Open Stage

Every year a cultural programme which is a part of an Annual Social Gathering is performed on the Open Stage of the College. It consists of dance, skit, one-act play, mimicry and musical programmes. It is also used for the yoga day celebration.



## International Yoga Day Celebration

Every year International Yoga Day is celebrated on 21<sup>st</sup> June. Teaching and Non-teaching staff and the Students participate in the programme.



## Tarapore Hall

This hall is being made available on request, if required, by Pune campus of SNDT Women's University for various cultural activities.



## PGSR Hall

This hall is being made available on request, if required for various cultural activities.



## Seminar Hall No. 1

Seminar Hall is used for Prize-distribution ceremony every year. During the year various Cultural activities, Musical programmes, Days' celebration, Quiz competitions. Welcome and farewell parties, film screening, NSS programmes are also organised in the seminar hall.



## Workshop



SNDT Arts and Commerce College for Women, Karve Road, Pune

## Seminar Hall No. 2

Exhibition by the Alumni



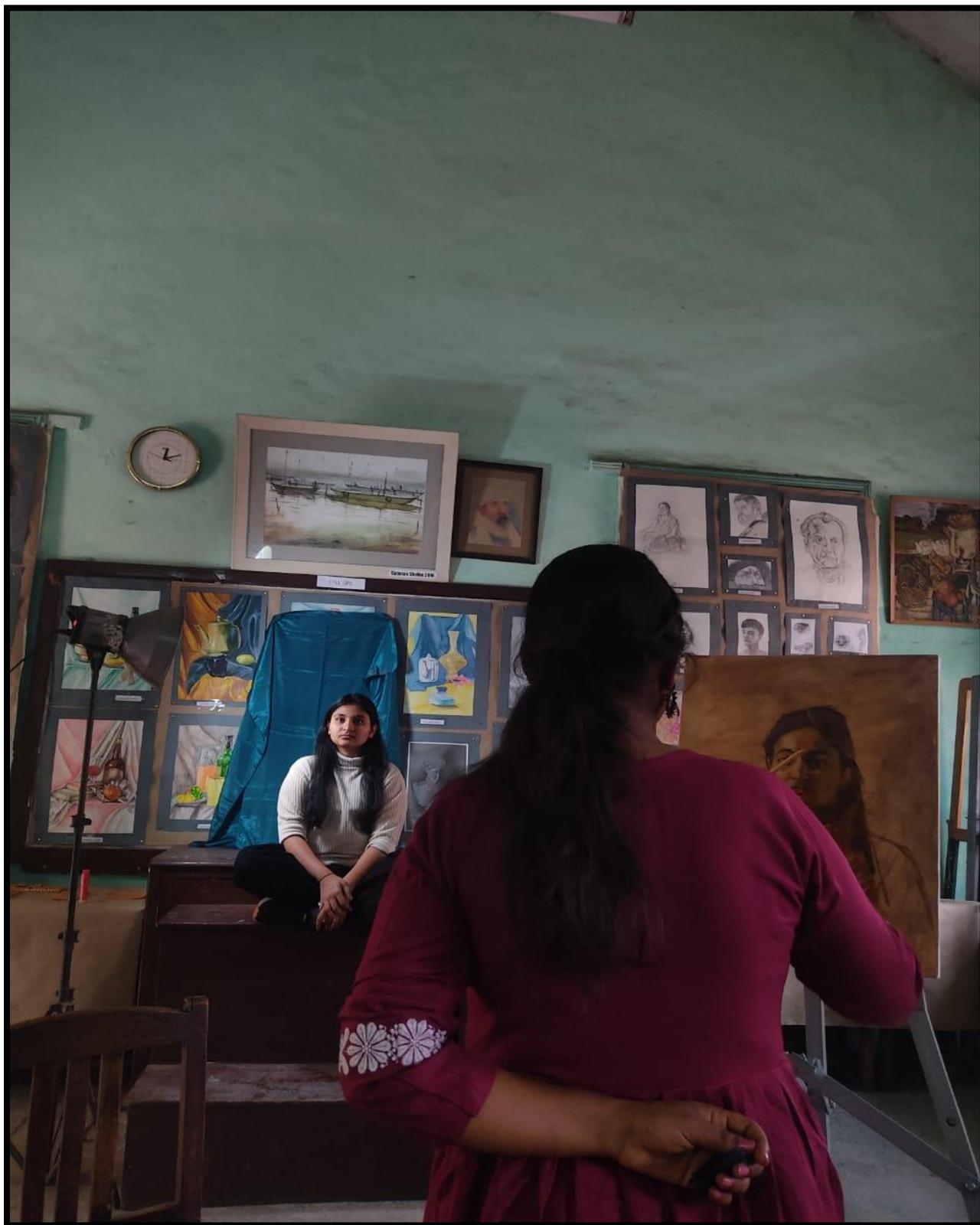
## Department of Music

Musical programs, competitions and workshops are organized in the department.



## Department of Drawing and Painting

### Portrait Demonstration



Antarang: Drawing Exhibition



## Sports Facility

Students use sports grounds for practicing various level sports competitions. Sports tournaments are annually organised in the college.

### Sports Ground 1



### Sports Ground 2



Playing kit and facilities available:

| Sr. No. | Particular       | Quantity                           |
|---------|------------------|------------------------------------|
| 1.      | Basketballs      | 8                                  |
| 2.      | Volleyballs      | 6                                  |
| 3.      | Footballs        | 4                                  |
| 4.      | Tennis Balls     | 6                                  |
| 5.      | Hurdle           | 6                                  |
| 6.      | Throw Balls      | 4                                  |
| 7.      | Badminton Racket | 8 Pair                             |
| 8.      | Cricket-kit      | 1 set (2 bat,2 set stump, 6 Balls) |
| 9.      | Carrom Boards    | 2                                  |
| 10.     | Chess Boards     | 6                                  |
| 11.     | Tug of War Ropes | 1                                  |
| 12.     | Shot Put         | 2                                  |
| 13.     | Discus           | 1                                  |
| 14.     | Javelin          | 3                                  |
| 15.     | Skipping Ropes   | 24                                 |
| 16.     | Rings            | 3                                  |

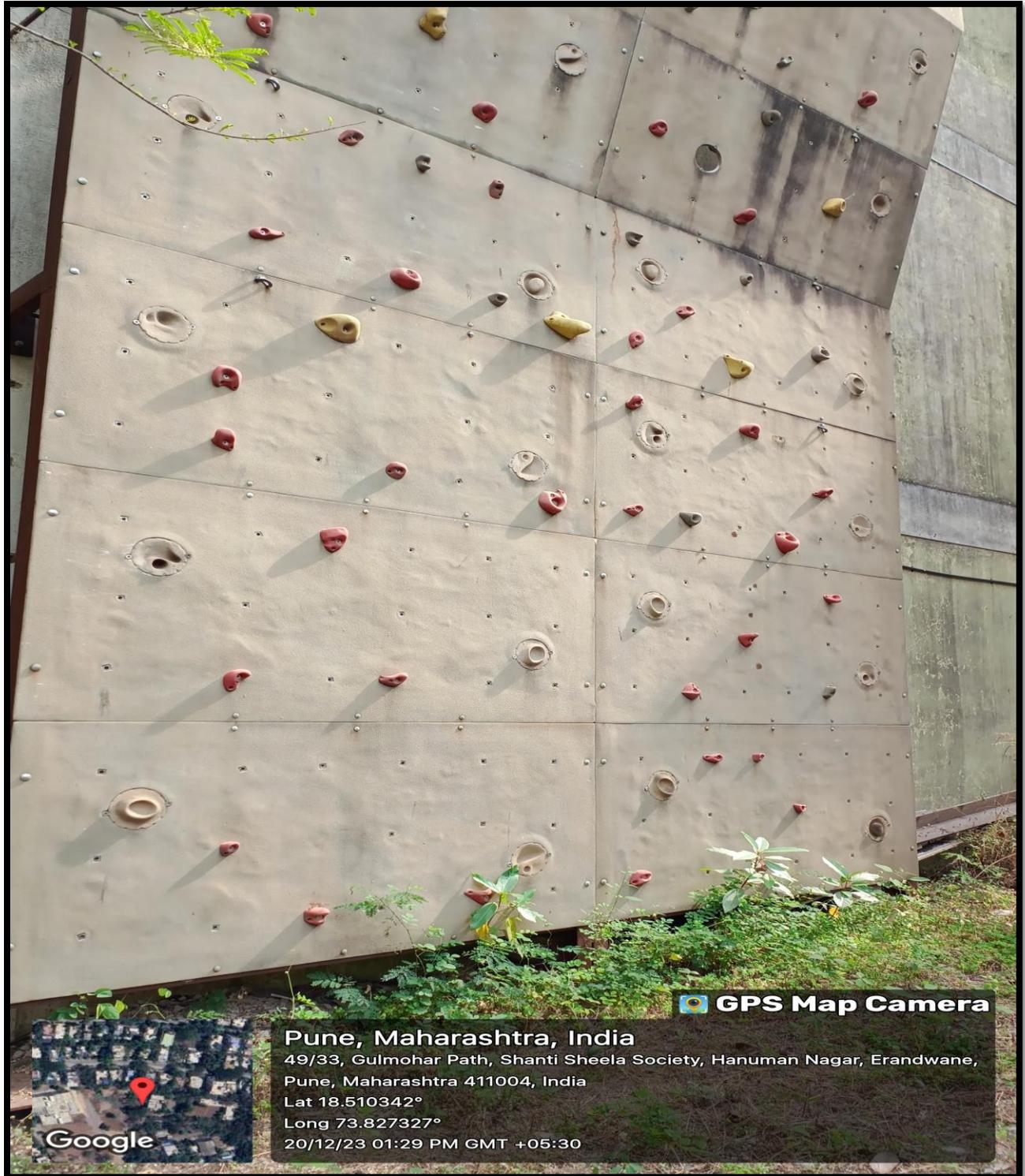
### Adventure Sports

Every year college organizes an Adventure camp for the students. Various adventure sports equipment are available in the college. Adventure Wall is erected for the students in the campus to give them training of rock climbing.

#### Adventure Sports Equipment List

| Sr. No. | Equipment  | Quantity |
|---------|------------|----------|
| 1.      | Bicycles   | 10       |
| 2.      | Tents      | 1        |
| 3.      | Calibre    | 7        |
| 4.      | 10 mm rope | 2        |
| 5.      | 8 mm rope  | 1        |
| 6.      | Pulley     | 2        |
| 7.      | Dcander    | 7        |
| 8.      | L.N. Key   | 1        |
| 9.      | Zummar     | 2        |
| 10.     | Screw set  | 6        |
| 11.     | Snap       | 8        |
| 12.     | Tape Sling | 3        |
| 13.     | Gloves     | 4        |

## Adventure Wall



**Pune, Maharashtra, India**

49/33, Gulmohar Path, Shanti Sheela Society, Hanuman Nagar, Erandwane,

Pune, Maharashtra 411004, India

Lat 18.510342°

Long 73.827327°

20/12/23 01:29 PM GMT +05:30

 **GPS Map Camera**

## Gymnasium

A well-equipped Gymnasium is available for the students of the college. Cardio and strength Equipment like Elliptical, recumbent bike, Treadmill, Lateral pull-down bar etc. are, available for the students.

### Gym Equipment

| Sr. No. | Equipment    | Quantity       |
|---------|--------------|----------------|
| 1.      | Gym Ball     | 1              |
| 2.      | Cones        | 12             |
| 3.      | Ladder       | 2              |
| 4.      | Boxing Bag   | 1              |
| 5.      | Boxing Pad   | 1              |
| 6.      | Agility Ball | 4              |
| 7.      | Dumbbells    | Kg. 5,10,15,20 |
| 8.      | Bar          | 5              |
| 9.      | Plates       | Kg. 5,10,20    |

### Cardio Machine- Treadmill



## Strength Equipment



## Elliptical and Electronic Cycle



